

Minutes of the second project meeting of "Let's Go Cooking in Europe" (LEGOCIE) Grundtvig Partnership Project

18th to 22nd March 2013, Platres, Troodos, Cyprus

Present:

Ireland: "The Food Hub"/ Fergal McPartland

Italy: "Most SAS"/ Lucia Veleva

Portugal: "Agrupamento de Escolas de Miranda do Corvo"/ Helena Azenha & Hugo Abade

Romania: "EUROPANET" Association/ Cristina Chert, Lacramioara Stratulat & **Alina Scanteie/Bianca Boros**

Lithuania: "VARTOTOJŲ ŠVIETIMO FORUMAS (Consumer Education Forum)" Audrone Rickuviene & Dalia Dulabaite

Cyprus: Troodos Regional Tourism Board/ Panayiotis Papadopoulos, Kyriakos Georgiou, Christos Eliades & Konstantinos Konstantinou

Greece: "ICT EUROPE SA"/ Alexandros Despotopoulos & **6 others**

Slovakia: "Restart"/ Martin Kubis & Ivana Kubis

UK: "Accentuate North East"/ Stewart Deas & Sarah Binns

Not present/apologies sent:

Turkey: Educational Directorate of Gumushane Province

Monday 18th March

All partners arrived at the New Helvetia Hotel in Plano Platres

There were no formal activities

Tuesday 19th March

After breakfast the group was met by our host Panayiotis Papadopoulos, and we walked to the Platres Cultural Centre, where each participant introduced themselves.

Tuesday's them was 'traditional local food', and we were then taken to Pitsilia, another village in the Troodos Mountains, where we visited some makers of traditional food products and had lunch in a rural tavern.

- After lunch we returned to the Cultural Centre for the business meeting.
- Each partner country made a presentation in turn, addressing:
 - the results of their questionnaire survey and the conclusions they had drawn from the results
 - effective programmes which promote cooking and healthy eating in their country

- Three healthy national/regional dishes in their country
- Half of the partners were able to make their presentations during this session.

A common dinner was taken at the New Helvetia Hotel

Wednesday 20th March

Wednesday's theme was 'local wine making', and after breakfast the group was taken by minibus to visit a traditional wine village, visit the newly established Troodos Wine Centre, hear an informal presentation on local wine making, and we also had the opportunity to sample the local wine and food.

Lunch was taken at a typical local tavern, where delegates had the opportunity to participate in cooking their own lunch in a typical style.

- After lunch, we returned to the Wine Centre, where the remaining presentations were made to the group.
- In addition, there was discussion about future meetings and project activities:
- The final dates for the third meeting in Italy were confirmed as 29th May 2013 to 2nd June 2013, with 30th & 31st May and 1st June as the three working days.
- It was agreed that the fourth meeting would take place in Portugal, instead of Slovakia, with the meeting in Slovakia postponed until February 2014. The sixth and final project meeting will remain in Greece in May/June 2014.
- The dates for the meeting in Portugal were agreed as 2nd to 6th October 2013, with three working days on 3rd, 4th and 5th October.
- There was some discussion about the future activity of the project, which in the first instance is that each partner organisation will recruit a volunteer group of people (for example, school cooks, parents, elders, community groups or volunteers) in preparation for running their community food event in Year 2. There was debate about what actually constituted a "community food event", and some partners expressed the opinion that it could be a 'food festival' or an existing event already scheduled to take place, which could be 'badged' with LEGOCIE. There was not universal agreement on this, and it was agreed to continue the discussion on Thursday.

After the business meeting was concluded, we were taken to visit Limassol town, where we had several hours to explore and to have dinner independently. Later in the evening we returned to the hotel by minibus.

Thursday 21st March

We were once again collected from the hotel by the Cypriot hosts, and taken to the Troodos National Park.

Thursday's theme was 'Herbs in Cooking' and our first visit was to the Troodos Botanical Garden where we were given information and toured the garden.

We also visited Casale Panayiotis, an agrotourism project at Kalopanayiotis village, and had lunch at Byzantino restaurant, part of the agrotourism project.

After lunch we visited a private herbs business in Korakou village, and sampled some of their products.

- The journey back to Platres was very long, and there was no time to hold the scheduled business meeting on our return, so Stewart Deas, the Project Coordinator, agreed to email the partners after the meeting and remind them of the work we had not carried out in Cyprus and what still needed to be done at this stage of the project.

At this point, some of the delegations needed to leave Platres to begin their journey home, whilst those remaining had a buffet dinner and party at the hotel, with music, together with the Cypriot hosts.

Friday 22nd March

Most of the partners left the hotel before or after breakfast to begin their journey home.

Stewart Deas

United Kingdom

22nd April 2013

Outstanding issues, which should have been discussed at Thursday's cancelled business meeting - to be discussed in Italy

Provisionally agreed that the fourth project meeting will take place in Portugal in October/November 2013 – the proposed dates for this meeting are 3, 4 and 5 October, with the travelling days as Wednesday 2nd and Sunday 6th – Cristina from Romania is unavailable, but she has kindly said that she does not mind missing the meeting and will be able to send a representative. Can everyone else tell me if these dates are acceptable to your organisation?

Agreed that the fifth meeting will take place in Slovakia in February/March 2014 and the sixth and final meeting in Greece in May/June 2014, the dates in both cases to be arranged later.

These arrangements exclude 3 partners from hosting a meeting, so if you have strong feelings about this and would like to be a host, we can discuss it as a group at the meeting in Italy.

Tasks we did not complete, or only partially completed, in Cyprus:

- 1) *Discussion of next stage of the project, which is that each partner organisation will recruit a volunteer group of people(for example, school cooks, parents, elders, community groups or volunteers) in preparation for running their community food event in Year 2.*

We did discuss this a little, but I think that we all need to give more careful thought to the nature of the event, and the target group, as some of the suggestions that were made probably do not conform to the criteria above?

- 2) *Discuss and agree joint and individual dissemination plans*

We did not discuss this at all, so we must all think about our own individual dissemination plans, for our own organisation, locality, region and country, and if

possible upload these to the online project facilities managed by Slovakia – before the next meeting?

And we must all also think about and make some suggestions about the best ways to disseminate the project jointly – Website? Newsletter? Blog? Is anybody good at these things and could help start them off?

3) *Discuss and review communication strategies*

We did not discuss this at all – are the project's communication strategies working effectively? What are the strategies? Do we need to introduce others? Facebook? Blogs? Forums? Twitter? Any ideas, anyone? Any offers to set these things up?

4) *Evaluation of progress of project against objectives*

We did not do this in Cyprus; informally I believe that the project is on track towards its objectives, but we will need to carry out a formal evaluation before the interim report in June – I propose that I will produce an evaluation document, and we will use some time at the meeting in Italy to carry out the evaluation together.

5) *Discuss and agree locations of remaining 4 project meetings*

We did discuss this, and have some agreements, which are outlined above.

6) *Evaluation of Cyprus project meeting*

We did not have time to do this, but it is probably my fault for not producing and distributing an evaluation document.

Please have each person present at the meeting complete the evaluation document and email it back to me – (unless Martin is able to collate all the responses into an online document)